



HERBED POPCORN & PRETZEL MIX

Ingredients

- 15 cups popped 94% fat-free butter-flavored microwave popcorn (2 bags)
- 5 cups pretzels
- 1 tablespoon oil (or oil spray)
- 1 tablespoon dried parsley
- 1 teaspoon (or less) ground black pepper
- 1 teaspoon garlic powder
- 1/2 teaspoon onion powder
- 1/4 teaspoon thyme

Directions

1. In a very large bowl, toss popcorn and pretzels together.
2. Mix spices and oil together in separate bowl and drizzle over popcorn. Use large spoons to toss. Or, lightly spray popcorn with oil spray, then toss with spices.
3. Enjoy!

