

Energy Nuggets

Ingredients

- 1/3 cup peanut butter
- 1/2 cup nonfat dry milk
- 1/2 cup honey
- 4 graham cracker squares, finely crushed
- 1/2 cup quick-cooking oatmeal

Instructions

1. Wash your hands and clean your cooking area.
2. Mix together peanut butter, nonfat dry milk, and honey in a large bowl.
3. Add crushed graham crackers and oatmeal and mix with a spoon.
4. Roll the mixture with your hands into 24 snack size balls. Store in an airtight container in the refrigerator.

