

Macon County 4-H

June 2020



Bluebird houses project update:
we have four bird houses on the
Greenway that were built by our
woodworking group during 2019
Summer Relief. This spring they

were installed on the Greenway and at our office by Mr. George Kay, Jeremiah Klages, Chris Jones and Lynleigh Jones. All six have eggs, nests and some chicks. The pictures are of a mother field swallow feeding her young and of bluebird eggs.

Cooking Up Confidence Online Camp

Cost: \$12.00

Learn 9 new recipes while achieving different chef levels. If you would like to register:

<https://www.eventbrite.com/e/4-h-cooking-up-confidence-registration-104068844716>

or call Carol for a link to be emailed to you

- Earn prizes while improving your 4-H cooking and nutrition knowledge
- Meets every Wednesday at 10:30am in June - July

4-H Summer Garden Project

We still have 5 spaces available for the summer garden project. If you would like to register:

<https://www.eventbrite.com/e/macon-county-4-h-summer-gardening-registration-104066706320>

or call Tammara for a link to be emailed to you

- Free garden kit with plants, seeds and tools to make a great garden
- Join the biggest cabbage contest. Prizes for the best garden, most produce and best gardener
- Online meeting to learn all about how to make your plants grown and to answer your questions

Macon 4-H Virtual Pet Show

Come on 4-Her's - let's see your favorite pet. Take a photo of your favorite friend or have some take your picture with your favorite friend. Yes livestock showmen – we want to see you setting your animal up to be judged. All submissions will be highlighted on Macon County 4-H Facebook. Email to Tammara by Thursday June 25th.

Contact Information

828-349-2046

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4-H Updates

Keep your 4-Her engaged all summer long!. The following is a list of state-wide 4-H Activities. If you are interested in one of these programs or to sign up, read more at:

<https://nc4h.ces.ncsu.edu/4-h-curriculum-at-a-glance/nc-4-h-virtual-summer-programs/>

Coffee & Culture – Virtual Zoom sessions for teens 13-18. Teens will form a deeper understanding of themselves and others as they explore their own backgrounds, cultural knowledge, beliefs, and attitudes.

Back to the Basics – This virtual learning series will bring back some of the family and consumer sciences skills that many youth have lost touch with from sewing, cooking, table etiquette, baking, and financial management.

Plant Geeks Unite – Join us for a virtual, summer, North Carolina 4-H Plant Science Adventure! In this self-guided exploration for 8-12 year-olds, we will dig into soils, marvel and grow plants with wild abandon and say hello to creeping, crawling, diving, and flying friends and so much more.

STEM – These programs are specialized for ages 5-7, 8-10,11-14, and 13-18. Youth learn STEM from their kitchen to their backyard and everywhere in between. Log on to Leadership – Leadership requires a set of skills that allow a person to influence others in a positive way to achieve great things. 4-H members will have the opportunity to develop their time management, goal setting, conflict management, and public speaking skills so they can be better for their clubs, communities, country, and world!

Down on the Farm – A fun learning experience to allow youth to learn about animals even if you aren't raised on a farm. Youth will learn about where their food and byproducts come from. Youth will learn also about the companion animals that you can find in houses that aren't on the farm. Explore Outdoors – Explore Outdoors is a fun way to learn about the environment right in your own nature patch – farm, suburbs, or city – it all counts! You can meet scientists and add your discoveries to a real environmental science database!

4-H Healthy Habits Family – This program encourages families to get involved in learning together! 4-H Healthy Habits Family is designed to guide a caregiver and their elementary-aged youth through fun and engaging garden-based activities.

Would you like to receive your newsletter online?

In May, Macon 4-H sent out information through your email. You can also receive your newsletter each month by email instead of by hardcopy. If you would like to receive the newsletter by email please email Tammara at tammara_cole@ncsu.edu.

4-H Calendar - June 2020

	1		2	3	4	5	6
	8	EPICS 6:30 online	9	10	11	12	13
7			Garden Project Online Check In 3:00	Cooking Up Confidence Online 10:30	Recorded Presentation deadline		
14	15		16	17	18	19	20
				Cooking Up Confidence Online 10:30			
21	22		23	24	25	26	27
			Garden Project Online Check In 3:00	Cooking Up Confidence Online 10:30	Virtual Pet Show Photos due		
28	29		30				

North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, religion, creed, national origin, sex, age, disability, or veteran's status. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A&T State University, US Department of Agriculture and local governments cooperating.

Persons with disabilities may request accommodations to participate by contacting the County Extension Director at (828) 349-2046 or fax (828) 349-2405, or in person at the Macon County Extension Office at least 10 (ten) days prior to the event.