



## Chickens 101

**Tuesday May 19<sup>th</sup> at 4:00**

Let's visit some young chickens and learn all about what they need to be healthy. We will talk about how to feed them, how much water they need, housing and how to keep them healthy. Get your questions ready.

## Apple Pie Bites

**Thursday May 21<sup>st</sup> at 4:00**

Let's cook up something fun...

Ingredient List:      1 large crisp apple                      1/3 cup brown sugar  
                                 2 tsp ground cinnamon                      3 Tbsp melted butter  
                                 1 – 8oz can of crescent rolls

Equipment: measuring spoons and cups, baking sheet, hot pads, mixing bowl, spoon, timer, toaster oven or oven

## Sewing a felt pouch

**Tuesday May 26<sup>th</sup> at 4:00**

We will sew a fun felt pouch that will not only be cute but super useful. Please email Tammara one week ahead if you would like to join us. We will mail you the materials you need for this project.

## Taco Chicken Aluminum Foil Supper at 4:00

**Thursday May 28<sup>th</sup>**

It's time to use your advanced chef skills and make supper for your family.

Ingredients for 1 foil pack (1 needed per person):

1/4 Sweet onion                      1 – 3 to 5 oz chicken breast                      1/2 tsp taco seasoning  
1 Tbsp salsa                              grated cheddar cheese                      Aluminum Foil

Equipment: measuring spoons and cups, baking sheet, hot pads, mixing bowl, spoon, timer, toaster oven or oven

### Instructions on how to join 4-H at 4:00:

1. Email Tammara at [tammara\\_cole@ncsu.edu](mailto:tammara_cole@ncsu.edu) and let her know that you would like to join 4-H at 4:00.
2. I will send you a link for Zoom and easy instruction on how to upload Zoom
3. You will need to email and have your instructions at least two hours before the meeting you would like to join.
4. If you want to do the activity hands on as we do it, please have the *materials needed* items read

### 4-H Market Lamb Club To Do List

- Make sure you have talked to Tammara or Joe
- Mail \$25 per youth to Macon County 4-H before May 15<sup>th</sup>
- If you did not attend the Orientation, please call Tammara before May 15<sup>th</sup>

# Summer Activities

## Summer Relief

Unfortunately, we cannot currently have our typical Summer Relief activities. We are ready for summer fun though and will watch to see if we can include some Summer Relief events later in July and August. Below are summer activities that we hope you join.

## Cooking Up Confidence Online Camp

During the months of June and July, we will explore different kitchen skills, learn new recipes and more!

- Meet every Wednesday at 10:30
- Learn 9 new recipes
- Receive a 4-H activity book with our recipes, games and skills to practice
- Complete three chefs level to receive prizes
- Improve your 4-H cooking and nutrition knowledge
- Price: \$12.00



Ways To register:

1. We will post our registration form on our website: <http://macon.ces.ncsu.edu/>
2. Also look for a link on Facebook
3. If you would like to have the registration emailed to you, please call or email Carol at 349-2046 [carol\\_pitts@ncsu.edu](mailto:carol_pitts@ncsu.edu)
4. The \$12.00 fee can be paid by credit card during the registration process or by mailing a check to our office



## 4-H Summer Gardening

Let's garden together. We are ready for fresh cucumbers and tomatoes that we grow in our own backyard. Sign up for a garden kit and be a part of our 4-H gardening project

- Free garden kit with plants, seeds and tools to make a great garden
- Join the biggest cabbage contest
- Prizes for the best garden, most produce and best gardener
- Online meetings to learn all about how to make your plants grown and to answer your garden questions

Ways To register:

- 1. We will post our registration form on our website: <http://macon.ces.ncsu.edu/>
- 2. Also look for a link on Facebook
- 3. If you would like to have the registration emailed to you, please call or email Tammara at 349-2046 [tammara\\_cole@ncsu.edu](mailto:tammara_cole@ncsu.edu)

## [Presentations and District Activity Day](#)

This summer's District Activity Day will be a little different. We will record your presentation and submit it online. We will work individually to practice your presentation and then to record it. Please let Tammara know your category and presentation title by Friday May 22<sup>nd</sup>.

# 4-H Calendar - May 2020

						1	2
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29		

North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, religion, creed, national origin, sex, age, disability, or veteran's status. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A&T State University, US Department of Agriculture and local governments cooperating.

Persons with disabilities may request accommodations to participate by contacting the County Extension Director at (828) 349-2046 or fax (828) 349-2405, or in person at the Macon County Extension Office at least 10 (ten) days prior to the event.