

Agriculture - Livestock, Forages & Pastures

Provides assistance in the the following areas:

Livestock

- Beef Cattle
- Poultry
- Small Ruminants
- Swine

Forage Crops

- Pasture and Hay Production
- Corn
- Hemp Production - CBD & Fiber
- Weed ID & Control

Pesticide Coordinator

- Recertification Classes for Private, Public & Commercial applicators
- Pesticide Disposal Days

Other

- Beekeeping
- Youth Livestock Program
- Pond Management



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MACON COUNTY EXTENSION

MACON.CES.NCSU.EDU

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4-H Youth Development

4-H is a community of young people across America who are learning leadership, citizenship, and the life skills to succeed. 4-H is about having fun, learning, exploring, and discovering. In 4-H, young people make new friends, develop new skills, become leaders, and help shape their communities.

Cloverbuds – Ages 5-8

Hands on learning activities in which we explore our creativity and teamwork

4-Hers – Ages 9-18

Youth focus on using their interests to explore, appreciate and understand the world around us

Teen 4-Hers – Ages 13-18

Our teens build their leadership skills, preparing them to be the next generation of community leaders

Groups That Meet Monthly or Bi-Monthly:

- Macon Archers
- Top Chefs
- Macon Sharp Shooter Rifle Team
- Budding Chefs (5-8)
- Macon County Junior Bee Keepers
- Macon Mountain Goat 4-H Club
- 4-H Market Lamb Club
- 4-H Market Steer Club
- Macon Hoofprint Horse Club
- EPICS Youth Council (13-18)

Agriculture - Horticulture

Commercial Horticulture

- Nursery Production & Landscape
- Vegetables Production-Conventional & Organic
- Christmas Tree Production
- Farmers Markets

Specialty Crops

- Strawberry, Blueberry and Caneberry Production
- Vineyard Production
- Shiitake & Other Mushrooms
- Medicinal Herbs and Woodland Products
- Ginseng Production

Home Horticulture

- Master Gardener Program
- Gardening - Conventional & Organic
- Companion Planting, Farmscaping & Crop Rotation
- Fruit Trees
- Grapes, Strawberries, Blueberries, and Cranberries
- Season Extenders and Cover Crops
- Composting and Vermicomposting
- Native vs. Non-Native Invasive Plants
- Pests - Disease, Insect & Weed Control

Community Development

Group Facilitation

- Assist Macon County's 8 Community Clubs
- Economic Development Support
- Macon County Fair



Family & Consumer Sciences

Family and Consumer Sciences' mission is to improve the well-being of families through programs that educate, influence public policy, and help families put research based knowledge to work in their lives.

Family and Consumer Sciences Topics

- Community Nutrition and Wellness Programs
- Servsafe Food Safety Certification
- Food Preservation and Cooking Classes
- SNAP-Ed Programs including Pre-K, Elementary and Adult Nutrition
- Family Resource Management

EFNEP

Expanded Food & Nutrition Education Program

4-H EFNEP aims to support local teachers and south-based organizations by providing free lessons for school-aged youth (ages 5-19) on basic nutrition, healthy choices, food safety, and the importance of physical activity.

EFNEP also offers specialized curriculum for young parents in Macon County. Table For Two provides young moms (25 and under) with a stronger understanding of pregnancy and childbirth as well as increased knowledge of nutrition throughout the lifecycle.

Participants learn to:

- Increase their knowledge of human nutrition
- Improve food selection skills
- Increase their knowledge of food safety and preparation skills
- Improve decision-making skills
- Become more self-reliant